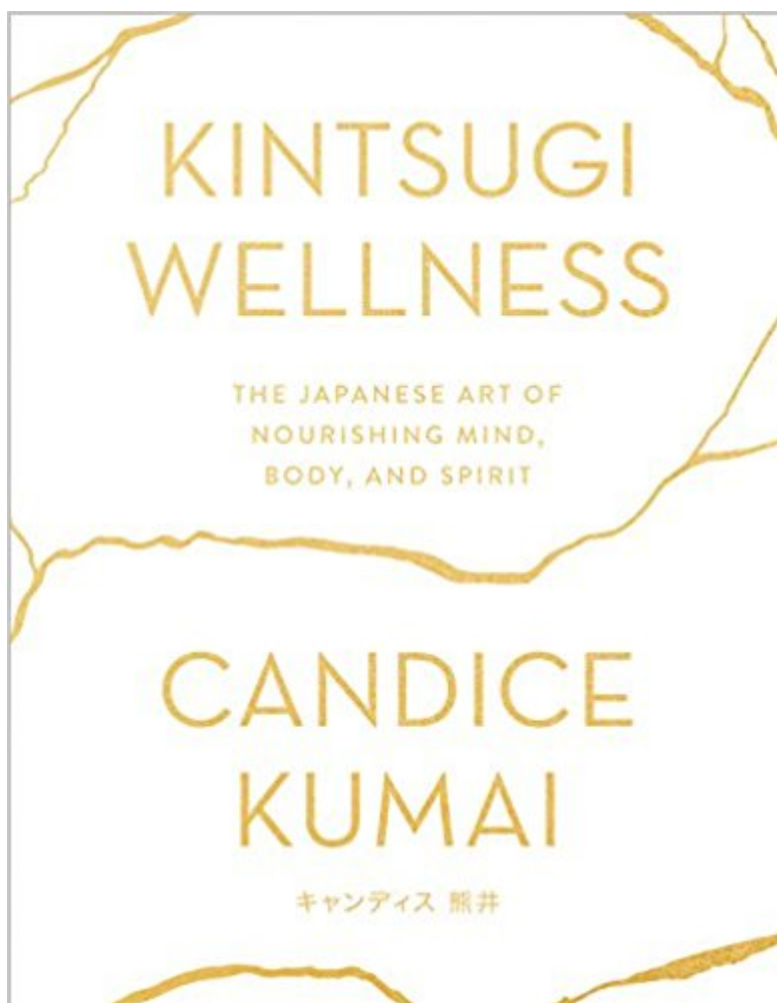


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Kintsugi Wellness: The Japanese Art Of Nourishing Mind, Body, And Soul



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Candice Kumai is a classically trained chef and author of *Clean Green Drinks*, *Pretty Delicious*, and *Cook Yourself Thin*. She is a regular contributor on E! News and The Dr. Oz Show, and has appeared as a regular judge on Iron Chef America and Beat Bobby Flay. She contributes to food and lifestyle publications such as *Cosmopolitan*, *Shape*, *Men's Health*, and *Prevention*, and volunteers at dozens of charitable organizations. She lives in New York City

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